

CERTIFICATE OF PARTICIPATION

This is to certify that

**Helgaard Jansen
van Rensburg**

Has successfully participated & completed the

10km Four Seasons @ the Cowhouse - Spring 2019

held at Cowhouse Market.

TIME 02:17:32

PACE 13:45/km

OVERALL 33 of 32

GENDER 19 of 19

60 - 69 2 of 2

26 October 2019, Sat

Date



BoutTime

Signature

